# ARDMONA Ardmona Primary School

2nd February 2024 Term I — Week 1

# PRIMARY SCHOOL No. 1683 PRIMARY SCHOOL No. 1683

#### **Principals Message**

#### Dear Parents and Community Members,

Welcome back to the new year to all students and families new and old. As we branch into the week please note the following forms will be sent home and need to be returned to Nathan.

- Library Borrowing Agreement,
- Internet Usage and Agreement

Parents are also reminded that any medical information and updates including asthma plans must be complete and in-particular for students needing medication support in the area of asthma to have a plan endorsed by their local medical practitioner which is a requirement of the Department of Education.

#### **Welcome to Ardmona PS**

As we bounce back into school for 2024 we are thrilled to officially welcome our newest Ardmona PS students and their families to our amazing school. All of our new and returning students have settled in fantastically throughout the opening week of the school year.

#### **School Uniform**

We are slowing receiving our uniform order in bits and pieces from our suppliers. We have now received our traditional school polos. We hope to have the remainder of our uniform in stock next week which includes shorts and school hats.

For anyone requiring extra uniform please feel free to fill out the Uniform Order sheet attached to the newsletter and return to Nathan.

#### **Parent Information Session**

On Monday the 12th of February we are running a parent information session from 3.30pm—4pm in regards to Sentral which is our parents access portal which allows you to monitor your child's school journey simply and efficiently. You will find numerous smart features such as receiving messages and notifications from teachers, report absences, make payments for school activities and more.

#### **Before and After School Care**

Presently we are seeking a staff member with the role advertised.

This is inconvenient to the operations of the program the operations presently being operational from 8am before school and from 3.15pm—5pm after school. At this stage students shall be supported by Ms Varty. Please inform us of your requirements in supporting your child before and after school. I look forward to supporting your child in these sessions.



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## **Classroom News**

Welcome back to everyone!

We are off to a great start and the room has been buzzing with excitement and happiness. All students were happy to be back and be able to connect with their friends. I am looking forward to working in partnership with all families to achieve the best for your children.

All students have a reading bag or folder with a reading logbook in it which is to go home each night and come back each day. All students are expected to read each night and fill in the reading log and get signed. Those students in year 3-5 can fill out their own reading log if they are reading to themselves. I will put comments in and be checking logbooks each day.

As of Monday in Week 2, students will have a weekly spelling list to learn. Years 3-6 will have 10 words to learn for the week and Year 1/2 will have 8 words to learn and a weekly spelling and dictation test will happen every Friday.

Each week at school, foundation students have a 'word of the week'. The emphasis is on teaching the sound-letter relationships in the word (phonics). The word of the week is also put into the 'sentence of the week' along with common words (high frequency words). Please partner with us to help your child by reading the sentence of the week and the common words each night. The shaded words are the common words we are concentrating on. The unshaded words are extension words, should you want to go further. While your child is still learning a word, please tell them the word and ask them to repeat it. In the columns (Monday, Tuesday, Wednesday, Thursday), please place a dot if your child is still learning a word, or a tick if they can read the word on their own. This helps us give your child more help in class when needed.

Our topic in integrated studies this term is Our Identity. We are going to be looking at our backgrounds, family trees, and in literacy we are going to write an autobiography about ourselves. I'm going to ask each student if they could please bring in a baby photo, family photo and any special event photos that they could paste into their autobiography. As these photos will be pasted into a booklet or on a poster, please only send copies that you don't mind this happening too.

Please don't hesitate to make an appointment to speak to me at any time if you have any concerns. Thank you for your support.

Have a lovely weekend and stay cool as its going to be a hot one!

Mrs. Answer



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## CALENDAR OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday	
29	30	31	Feb 1	2	
		Foundation Rest Day			
5	6	7	8	9	
		Foundation Rest Day			
12	13	14	15	16	
Information Night		Foundation Rest Day			
19	20	21	22	23	
	School Council Meeting	Foundation Rest Day			
26	27	28	29	1	
		Foundation Rest Day			
4	5	6	7	8	
B	~~ .	_			
11	12	13	14	15	
Labour Day					
18	19	20	21	22	
25	26	27	28	29	
Athletics	Athletics Back Up Day		Last day of Term 1	Good Friday	

# AWESOME ARDMONA AWARD





Be Safe, Be Respectful and Be A Learner.

The Week 1 AAA recipient is David.

David was nominated for Being a Learner as he done a fantastic job throughout the week with his writing as he completed a writing piece about his Mum!

Keep up the incredible work David!



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## Star of the Week



#### Michael Morton

(F-6)



Well done to Michael for taking great care of our new students and helping them to feel welcome at our school.

Keep up the fantastic work Michael!

## **Tutor Learning Initiative—TLI**

It has been great to see everyone back and ready for learning this week! TLI students have been busy setting their learning goals this past week. Student goals are an essential part of the TLI Program so that students can focus their efforts, track their progress and ultimately achieve growth and success in their learning. The TLI is focussed around Numeracy this Semester providing students with the opportunity to enhance their understanding of different mathematical concepts being taught in the classroom. I have no doubt it will be fantastic school year filled with lots of fun, growth and endless possibilities!

Wonderful to see our students continuing to flourish in their learning over the holidays – thankyou to our Super Star Fletcher for sharing this beaming photo. I hope everyone received their special holiday package! I can't wait to see what the 2024 school year brings.

Mrs Cosgriff



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## **Child Safe Standards**

#### **Child Safe Standards**

Child safety and wellbeing at Ardmona Primary School: Information for families and the school community

The Victorian Government has announced new <u>Child Safe Standards</u> to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Ardmona Primary School has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to our school's website and available at the school's front office upon request.

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

Our child safety and wellbeing policies outline the measures and strategies we have in place to support, promote and maintain the safety and wellbeing of our students:

- Bullying Prevention Policy
- Child Safety and Wellbeing Policy
- Child Safety Code of Conduct
- Child safety Responding and Reporting Obligations Policy and Procedure
- Complaints Policy
- Digital Learning Policy
- Student Wellbeing and Engagement Policy
- Visitors Policy
- Volunteers Policy

If you have any suggestions, comments or questions, please contact Jean Varty or Nathan Turner.



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FREE AND LOW COST ACTIVITIES						
Yoga in the Park	Monday 5	9.30am to 10.30am	Queens Gardens, Shepparton			
Laser Tag in the Park	Saturday 10	10am to 12pm	Queens Gardens, Shepparton			
Cards & Cardio	Sunday 11	9.30am to 11.30am	Vic Park Lake, Shepparton			
<b>Body Combat Class</b>	Wednesday 21	6pm to 7pm	Vic Park Lake, Shepparton			
Paint the Moon**	Thursday 22	7pm to 8.30pm	Queens Gardens, Shepparton			
Scones in the Park	Sunday 25	10am to 11am	Vic Park Lake, Shepparton			
Qigong & Sound Bath	Monday 26	6pm to 7pm	KidsTown, Mooroopna			

STAND UP PADDLING**				
Saturday 3	11am to 3pm	Vic Park Lake, Shepparton		
Saturday 17	11am to 3pm	Vic Park Lake, Shepparton		

AQUA AEROBICS				
Wednesday 7	6pm to 6.45pm	Tatura Outdoor Pool		
Wednesday 28	6pm to 6.45pm	Tatura Outdoor Pool		

CULTURE	CULTURE COLLECTIVE - TONGAN MONTH						
<b>Traditional Tongan Dance Lessons</b>	Friday 2	6pm to 7.30pm	Queens Gardens, Shepparton				
Tongan storytelling and weaving	Friday 16	6pm to 7.30pm	Queens Gardens, Shepparton				
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SHEPPARTON SUMMER MARKET						
Giant Games	Friday 23	10am to 5pm	Maude Street, Shepparton			
Silent Disco & Giant Games	Saturday 24	10am to 3pm	Maude Street, Shepparton			



#### FOR MORE INFORMATION



For more activities in your area: Download our GetMooving App

\*\*For bookings contact:

5832 9431 healthycommunities@shepparton.vic.gov.au





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# **DISCOVER**

# LUN(HBOX TIPS AND TRICKS



It's back to school (hooray) .... but also back to packing lunches! Whether packing the lunchbox is a joy or a chore for you, the dreaded lunchbox fatigue is something we all want to avoid!

Adding dairy foods to the lunchbox can provide energy to power kids through their day, and importantly the nutrients to help build strong bones for life. Depending on their age and gender, children need between one to three and a half serves of dairy every day. Using the school lunchbox is a great option for ticking off at least one daily serve of dairy nutrition. And the kids will love the variety and flavour. It's a win, win!

In most cases, food is stored in lunchboxes for several hours, so to ensure it stays fresh and safe the lunchbox needs to stay cool.

Try these dairy safety hacks to give your kids, and their lunchbox, a dairy boost!



Freeze flavoured or plain milk this will keep the rest of the lunchbox cool and will defrost throughout the day and be cold ready to drink by lunchtime.



Perfect for a refreshing drink at lunchtime (remind kids to shake frozen milk before drinking it to ensure a smooth consistency.)



Pack a spoon and it can be eaten as a slushie.



Always follow the 'Use By' and 'Best Before' dates and storage advice for dairy products.



A freezer pack and insulated lunchbox is a great way of keeping yoghurt and other dairy foods nicely chilled.



Freeze tubs of yoghurt, by lunch or recess time they should be semi-thawed and are a delicious cool snack.



UHT milks are a great option to include in the lunch box as they don't need to be kept cold.



Prepare lunches the night before and store in the fridge or freezer.

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# Putting right foot forward, because Every Day Counts!

Getting your child up, dressed, fed and off to school isn't always easy. But it's super important for their education.

There are no safe number of days for missing school. Every day missed can put a student behind – with their studies, with their friends and with their connection to school.

Illness is a valid reason to stay at home. But there are very few other reasons... and every day missed adds up:  Missing a day a fortnight adds up to four weeks a year – or an entire year of education by Year 12

- A child missing a day a week will miss 2 ½ years of school – placing them well behind their peers
- Even missing 30 minutes a day adds up to four weeks a year

With school starting, we encourage parents and carers to set routines and

talk positively about the importance of attending school every day. Try to avoid doctor or dentist visits during the school day and plan family holidays for the term break.

Schools always want to positively work in partnership with their families. Act early if you have attendance concerns by contacting your child's school and asking for advice and support.

Because Every Day Counts.

Hear Shepparton primary students spread the message:



SHEPPARTON EDUCATION PLAN The Shepparton Education Plan improving education outcomes & life opportunities from early years to adulthood

www.vic.gov.au/education-plans



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# UNIFORM ORDER

(Prices Include GST)



STUDENT NAME:	YEAR:
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ITEM	SIZES	PRICE	ORDER		
			Number	Size	Total
			Ordered		\$
POLO SHIRT – 'Aussie Pacific' –	6-16	\$35		-	
Short Sleeves				/ [	Da.
POLO SHIRT – 'Aussie Pacific' –	S & up	\$40			
Short Sleeves					
SHORTS – Red – LWR	6-16	\$20			
Hoody	4-16 &	\$65			
	XS—XXXL				
TRACKSUIT – <i>'Eureka'</i> – <mark>Jacket</mark>	4-16	\$85			
with Pants					
SCHOOL JACKET ONLY	4-16	\$50			
HAT – Bucket	S-M	\$15			
Pom Pom Beanie	One Size	\$20			
				TOTAL	

<sup>\*\*</sup>Please note, all uniforms come including embroidery of logos.

Any enquiries, please phone the office on 5829 0273. A payment plan can be set up for your payment if that would help you out.

Feel free to either email, the school at <a href="mailto:ardmona.ps@education.vic.gov.au">ardmona.ps@education.vic.gov.au</a>

Please make cheque payable to Ardmona Primary School or

#### **Direct Deposit**

Ardmona Primary School
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Acc Number: 00 906 494



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